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SPOTLIGHT

TOP STORY

Cookie Care: Mustang Creek Estates, Coffee N Creme provide care packages to community

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File Art

Do you know a senior citizen or caregiver who needs some cheering up? If that person lives in Frisco and loves cookies, the solution may be here.

“We know that there are many people that may just be having a down day or maybe they’re taking care of a loved one, and it can just be overwhelming,” said Penny Tipton, activity director at Mustang Creek Estates of Frisco. “They just need a little brightening up for their day. We would love to be able to present them some cookies, just to bring a little sunshine into their day.”

The program is called “Cookie for Kindness.” Mustang Creek Estates of Frisco, an assisted living and memory care community, has partnered with local bakery, Coffee N Creme, to see that selected nominees receive a package tailored to their tastes.

Here is how it works: A person who wishes to nominate a senior or caregiver may contact Mustang Creek Estates. Personnel at the senior living community will then contact the person to find out more about the nominee. If the senior or caregiver is selected, Tipton or others on staff will coordinate a time to hand deliver the package of cookies to the selected nominee’s doorstep.

Tipton said they try to make it as much of a surprise as possible. They generally try to coordinate the drop-off time with the person who nominated the senior or caregiver to facilitate the surprise.

“Oh my goodness,” Tipton said. “Their faces just light up and they can’t believe that someone was so thoughtful to nominate them. ‘What an honor,’ they say.”

Coffee N Creme works to satisfy the personal orders. Nominees are not limited to a certain type of cookie. The person who nominated them is encouraged to provide as much detail as possible about what the senior or caregiver likes.

“It’s a personal order per nominee and then they present it in some really pretty packaging,” Tipton said. “Coffee N Creme’s baker is very creative.”

“Cookies for Kindness” launched recently and is year-round. So far, Tipton estimates Mustang Creek Estates of Frisco has received a total of three nominees. Anyone is welcome to nominate a senior or caregiver in Frisco that could use a mood boost.

“It’s just so rewarding for us to be able to do that,” Tipton said. “It makes our day as well.”